

**OCS Catering at Queen Alexandra College
(Gluten Free & Dairy Free)
Proposed Menu**

Week 1

Monday

Jacket Potato with Dairy free butter, Vegan cheese, Beans & salad garnish

Tuesday

Vegetable Biryani with curry sauce – no Egg

Wednesday

Gluten Free/Dairy Free Sandwich

Thursday

Roast Chicken Dinner – No stuffing, no Yorkshire Pudding

Friday

Plain Fish Fillet – No tartare

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Week 2

Monday

Crispy Chicken with chilli, honey, and Soy sauce – No soy sauce

Tuesday

Gluten Free/Dairy Free Sandwich

Wednesday

Sticky Pork boneless Ribs

Thursday

Jacket Potato with Dairy free butter, Ham & Vegan cheese & salad garnish

Friday

Plain Fish Fillet – No tartare

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Week 3

Monday

Gluten Free/Dairy Free Sandwich

Tuesday

Lamb curry with rice

Wednesday

Jacket Potato with Dairy free butter, Beans & Vegan cheese & Salad garnish

Thursday

Beef Chilli with rice

Friday

Plain Fish Fillet – No tartare