

## **Level 3** Certificate/Subsidiary Diploma / Diploma/Extended Diploma in **Sport** (QCF)

### **Entry Requirements:**

- Level 2 Diploma in Sport (QCF) or
- 4 GCSEs at grade C or above
- An appropriate standard of literacy and numeracy

### **Programme Outline:**

The Level 3 in Sport has been designed to provide a highly specialist work-related programme of study. It gives you the knowledge that you need to prepare for employment.

Examples of units you would study include 'Principles of Anatomy and Physiology in Sport'; 'The Physiology of Fitness'; 'Assessing Risk in Sport'; 'Work Experience in Sport' and 'Sports Coaching'.

There are three pathways that can be chosen dependent on entry qualifications and experiences:

### **Level 3 Certificate in Sport (QCF)**

This is a 30-credit programme that focuses on particular aspects of employment within the Sport sector. The Level 3 Certificate is broadly equivalent to one GCE AS Level.

### **Level 3 Subsidiary Diploma in Sport (QCF)**

This is a 60-credit programme that extends the specialist work related focus from the Level 3 Certificate and covers the key knowledge and practical skills required in the Sport sector. The Level 3 Subsidiary Diploma offers greater flexibility and a choice of emphasis through the optional units. It is broadly equivalent to one GCE A Level.

### **Level 3 Diploma in Sport (QCF)**

This is a 120-credit programme that broadens and expands the specialist work-related focus from the Level 3 Subsidiary Diploma. It is broadly equivalent to two GCE A Levels.

### **Level 3 Extended Diploma in Sport (QCF)**

This is a 180-credit programme that extends and deepens the specialist work-related focus from the Level 3 Diploma. There is potential for the qualification to prepare you for appropriate direct employment in the Sport sector and it is suitable for those who have decided that they wish to enter a particular specialist area of work. Some learners may wish to progress to University. It is broadly equivalent to three GCE A Levels.

### **Duration:**

Start dates for these programmes are flexible, with completion usually achieved within two years.

### **Progression:**

On successful completion of a Level 3 in Sport qualification, learners can progress into or within employment and/or onto University.



For further information on courses contact us on  
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