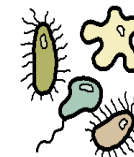




When I come back to college I will take a COVID test once a week.



My parent(s)/ carer(s) agree that this is a good idea and have also given consent.



COVID tests will keep everyone at college safe because they will let people know if they have the virus.



Not everyone with the virus is poorly. Some people can have the virus and not know. The COVID test will let me know if I have the virus.



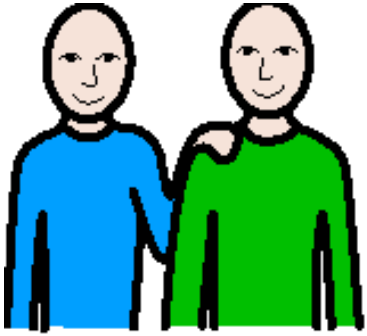
There is a COVID Test Centre at college. This is behind the Gym.



Staff will take me to the Test Centre for my test and if it is busy, I can wait in the shelter or the Gym.



When I go into the Test Centre, a member of the Test Team will greet me.



My LSA/tutor can stay with me the whole time.



The Test Team will show me to my own Test Bay where I can sit down.



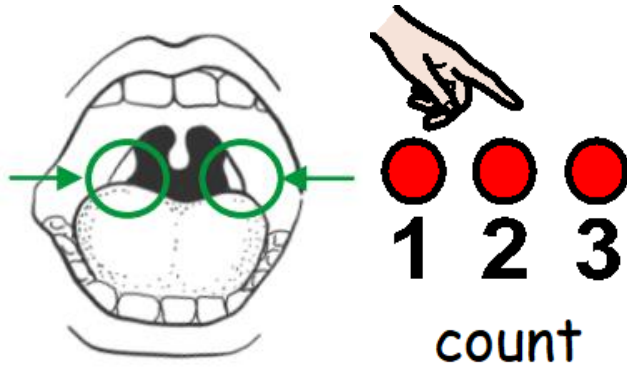
When I am sat down, I might be asked to blow my nose and then I will use hand sanitiser.



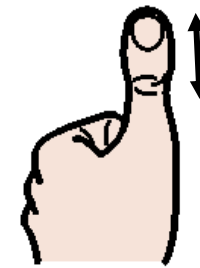


A member of the Test Team will give me a 'swab'. This is a plastic stick with a cotton bud on the end.

If this is in a packet, I can open it myself or ask the Test Team to open it for me.

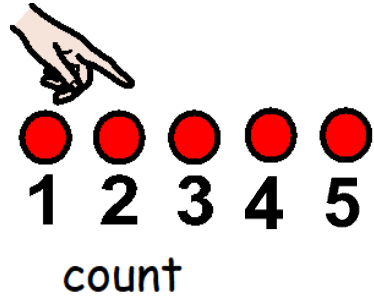
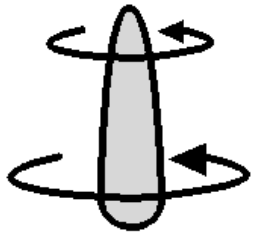


I look in the mirror on the table and open my mouth wide. I then wipe the cotton bud end of the swab on my tonsils. This is the back of my throat. I do this for 3 seconds.



I then put the swab up my nose and the Test Team will tell me how far up I need to put it. It is about half the length of my thumb.

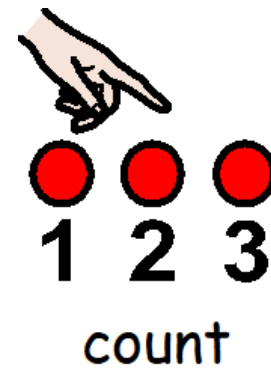
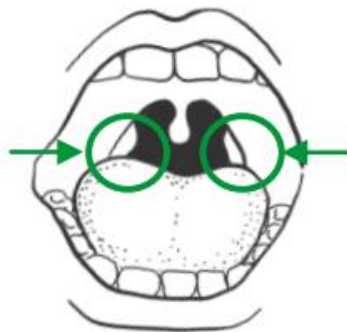




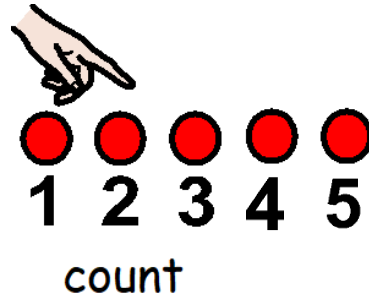
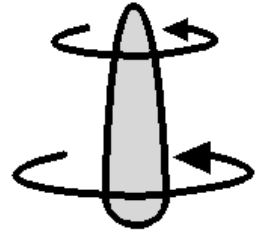
I turn the swab around in my nose and count to 5.



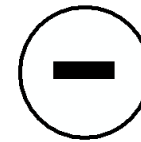
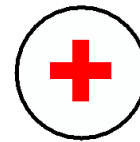
The Test Team will then show me the tube that I put the swab in or I can give it to them to do.



I can ask the Test Team to do the test for me if this is easier. They will then put the swab in my mouth for 3 seconds.



And then they will put the swab in my nose and turn it around for five seconds.



I have finished my COVID test! I have done a good job! I can leave the Test Centre and my LSA/tutor will tell me my result a little later.

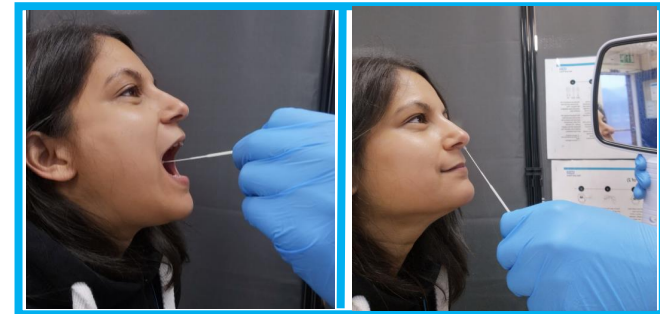
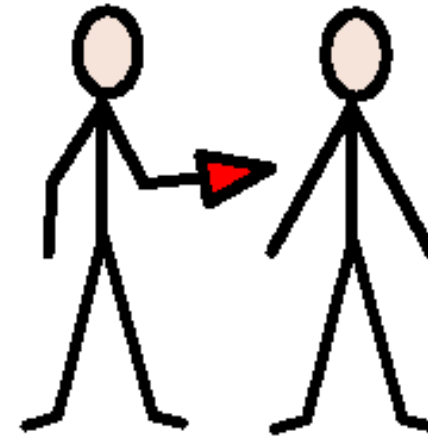
I want to do my COVID Test by myself



I will put the swab in my own mouth

I will put the swab in my own nose

I want the Test Team to do my COVID Test



Someone else will swab my mouth

Someone else will swab my nose