

# autism central

## *E-catalogue*

*Spring 2021*



# autism central

A red, stylized swoosh graphic that starts from the top right, loops around the word 'central', and ends at the bottom left.

Welcome to the Spring issue of QAC's Autism Central e-catalogue.

Here you will find information about a range of organisations, activities, groups and services available to individuals with Autism across Birmingham and the UK.

If you would like to find out more about the organisations featured within this e-catalogue, please use the relevant contact details provided within each advert.

To be kept up to date regarding future training and events organised by QAC please email:

**[info@qac.ac.uk](mailto:info@qac.ac.uk)**



## Support Worker Service



Many of our students and former students have direct payments or a personal budget to help them purchase the support they need.

QAC are now offering a support worker service which is able to provide you with a personalised package of support using your direct payments / personal budget. We will work with you to find out what support you need to lead the life that you want to live at the moment and to help you build the skills you need for the life you want in the future.

### You might need help with day to day activities:

- to follow your leisure pursuits and interests
- to do volunteering or a work placement
- to develop new skills
- to keep in touch with people who are important to you

**We can support you whether you live with your family or whether you have a home of your own.**



For more information please contact Community Services on 0121 803 5310 or email [communityservices@qac.ac.uk](mailto:communityservices@qac.ac.uk)  
 Queen Alexandra College  
 Court Oak Road Harborne Birmingham B17 9TG  
[www.qac.ac.uk](http://www.qac.ac.uk)





**Small and nurturing autism-friendly learning environments, personalised education and a focus on family values – that’s what you’ll find in an Arc School.**

Across the Midlands, Kedleston Group’s four Arc schools offer individual curriculums focusing on preparing children for adulthood. They are friendly, welcoming places where children build meaningful relationships and thrive. We have exceptionally high aspirations for children who are supported to achieve their full potential.

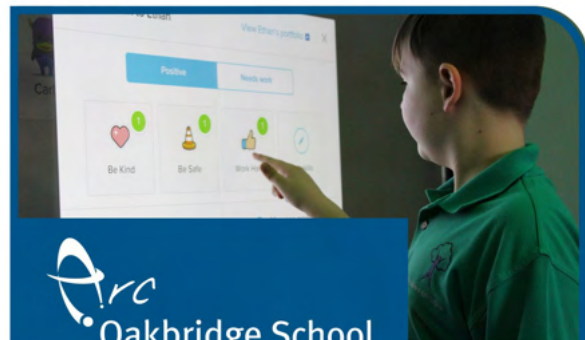
### Meet the Arc Schools:



 **School Napton**

#### South Warwickshire

A specialist primary school supporting children aged 5 - 11 with ASC/ SEMH and associated learning and support needs. Preparing children for learning and school life.



 **Oakbridge School**

#### Birmingham

A structured, consistent and nurturing learning environment for young people aged 7 - 16 with high functioning autism and associated needs, including mental health difficulties.



 **School Ansley**

#### North Warwickshire

A structured secondary school environment for children and young people aged 11 - 17 with ASC and associated learning and support needs.



 **School Old Arley**

#### North Warwickshire

A specialist school for children and young people aged 7 – 16 with SEMH / ASC and associated learning needs. Including a nurturing primary school offer for Key Stage 2 children, before transitioning into the secondary school.

All Arc Schools are “Good” with Ofsted, offer the National Curriculum and learning outside the classroom.

To find out more visit [www.kedlestongroup.com](http://www.kedlestongroup.com)  
[referrals@kedlestongroup.com](mailto:referrals@kedlestongroup.com) or 0800 024 6985

**BIRMINGHAM  
& BLACK COUNTRY**



# women's peer support and social group

**ONLINE MEETINGS**  
alternate Tuesdays @7pm

**community for women aged 18-30  
with autism or support needs**

**inclusive, friendly and accessible  
meeting online (for now!)**

**email [communityservices@qac.ac.uk](mailto:communityservices@qac.ac.uk)  
for more info and joining details!**



**BIRMINGHAM  
&  
BLACK COUNTRY**



# **SPARK+**

**ONLINE MEETINGS**

**ALTERNATE THURSDAYS @ 7pm**

**LGBTQ+ COMMUNITY FOR YOUNG ADULTS AGED  
18-30 WITH AUTISM OR SUPPORT NEEDS**

**ACCESSIBLE \* INCLUSIVE \* FRIENDLY**

**EMAIL [COMMUNITYSERVICES@QAC.AC.UK](mailto:COMMUNITYSERVICES@QAC.AC.UK)  
FOR MORE INFO AND JOINING DETAILS !**

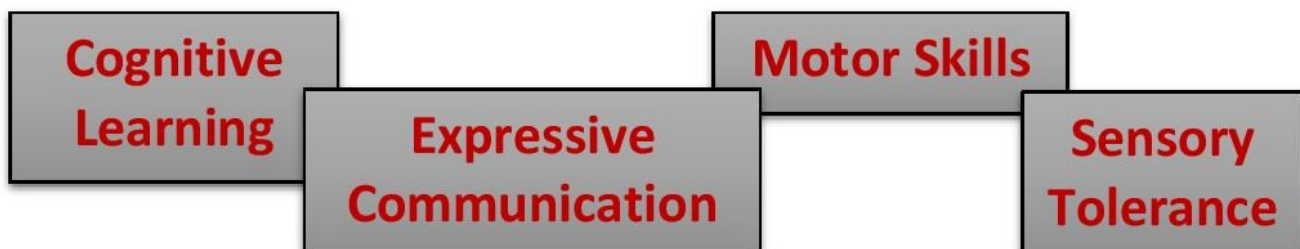


# Unlocking Voices

Using RPM

We know that parents are their child's best resource, so it is our mission to empower YOU! Your child could be able to do SO much more, but their challenges might be getting in the way of their communication and learning. Find out how to unlock your child's voice and help them to access academics.

The **Rapid Prompting Method (RPM)** helps autistic people without expressive speech to develop their:



We are supporting parents in the U.K. to learn RPM so that they have the tools to unlock learning and communication. Join our growing U.K. community!



These students have learnt to share their thoughts and understanding by pointing.

If you want to find out more and receive videos of RPM in action, please email [unlockingvoices@outlook.com](mailto:unlockingvoices@outlook.com)

***\*Please note that your child/ student does not need any spelling skills to start RPM.***

Queen Alexandra College

# WHEELCHAIR BASKETBALL ACADEMY



Photograph by David Dunbar  
Purple Swan Photography

**new and  
exciting for  
2021/22!**

Queen Alexandra College (QAC) are working in collaboration with University of Worcester and The Albion Foundation to deliver a unique and ground breaking bespoke Wheelchair Basketball sport performance programme.

The programme is specifically designed for ambitious young sports people aged 16-24 years who use a manual wheelchair and are eligible under the International Wheelchair Basketball Association (IWBF) classification criteria.



Queen Alexandra College



University  
of Worcester



**For more details please contact: 0121 428 5050 or [info@qac.ac.uk](mailto:info@qac.ac.uk)  
[www.qac.ac.uk](http://www.qac.ac.uk)**



QAC: Registered Charity No. 1065794 Registered in England No. 3387540





Queen Alexandra College

A National College for People with Disabilities

- It's being independent
- It's making friends
- It's rising to the challenge
- It's learning and achieving
- It's having fun
- It's QAC



# Make Our College Your College



## Programmes for learners

aged 16 - 25 include:

- Entry Level: Preparation for Life
- Wide range of vocational qualifications
- Employment Pathways
- Personal development, social skills & independent living
- Assistive technology, rehabilitation & travel training, speech & language therapy



Facebook: @QueenAlexandraCollege  
 Twitter: @QAC\_Official  
 LinkedIn: Queen Alexandra College  
 Instagram: qac\_official  
 YouTube: MyQAC

[www.qac.ac.uk](http://www.qac.ac.uk)



QAC: Registered Charity No. 1065794 Registered in England No. 3387540