



# BIRMINGHAM INCLUSIVE SPORTS FEST 2015 PROGRAMME

A **FUN-FILLED** WEEK OF **SPORTING ACTIVITIES**  
WHERE ORGANISATIONS ACROSS THE CITY  
ENCOURAGE PARTICIPATION FROM PEOPLE  
**WITH OR WITHOUT AN IMPAIRMENT**

## SATURDAY 13TH JUNE – SUNDAY 21ST JUNE 2015

*"By donning the trainers, sitting in that wheelchair,  
sport can give you the **adventure of your life!**"*

Dave Heeley

BISF 2015 Ambassador



**Activities will include:**

**Tennis, Boccia, Swimming,  
Sailing, Archery, Shooting,  
Climbing & more....**

For a full list of the  
**FREE** **taster events** taking place  
across BIRMINGHAM along with  
details on how **to book**, please  
take a look inside or go online

[www.sportbirmingham.org/event](http://www.sportbirmingham.org/event)



#BISF15



@BhamDisSport



birminghamdisabilitysport

# WELCOME

The Birmingham Disability Sports Forum welcomes everyone to the 3rd annual Birmingham Inclusive Sports Festival.

I myself as the new Chairperson have witnessed so many fantastic changes in the city over the past 12 months in sport. From a new and exciting location for our Sport Birmingham team, to the numerous great events being managed by dynamic staff and volunteers.

I am very proud that the National Dwarf Games take place each year here in the city, and Birmingham also hosted the Regional Special Olympics, Deloitte's Disability Community Games, the Sainsbury Inclusive Grand Prix and the YONEX All England Open Badminton Championships - to name but a few of the many, many inclusive events that have taken place and are set to continue to be hosted here.

We hope you all enjoy and benefit from this very special week of activities - there are over 40 taking place at different venues around the city, supported by really dedicated teams.

All that remains for me to say is "Go for it" as I did, and still do!

- It's Fantastic!

*April Barrett*

April Barrett MBE

*Chair of the Birmingham Disability Sports Forum*

During my school days, sport played a big role in my life. Then came the day my sight levels deteriorated and the world of sport as I knew it stopped. I took-up training with weights - something could do unaided.

My life changed again through sport in 2000, when a very important piece of 'kit' arrived - guide runners! From this point onwards my trainers brought back a smile, and in 2008 I became the first and only blind person in the world to run 7 marathons, in 7 days, on 7 continents.

In 2011 I ran and cycled from John O'Groats to Lands End in 10 days, effectively running 10 marathons and cycling nearly 700 miles, becoming the first person in the world to achieve this.

In 2013 I cycled through 7 countries in 7 days, from Switzerland, through Germany, France, Luxemburg, Belgium, Holland and finally England.

This year I faced the toughest foot race on the planet: the Marathon Des Sables. Six days of running through the Sahara desert covering 160 plus miles!

Being the BISF ambassador this year gives me a real sense of pride, sharing my stories & achievements but most importantly to say that having any form of disability doesn't stop you taking part.

So, if 'Blind Dave', this old codger from West Brom can achieve what he has done, think what you can do... The sky is your limit!

Enjoy the festival!

*Dave Heeley*

"Blind Dave" Heeley  
Official BISF 2015 Ambassador  
[www.blinddaveheelley.co.uk](http://www.blinddaveheelley.co.uk)





# BIRMINGHAM

## inclusive sports fest

birminghamdisabilitysport 

Birmingham is the second largest city in England and has a population of 200,000 people with a disability. Despite this, 76% of disabled people living in our city do not take part in ANY sport or physical activity at all - higher than the national average.

From Saturday 13th June to Sunday 21st June 2015, the third annual Birmingham Inclusive Sports Fest will take place across the city, offering inspirational inclusive sports taster days that will cater for individuals with a range of impairments.

The activity 'open days' will aim to encourage residents of Birmingham to come along and experience inclusive or disability-specific activities they may never have tried before. Not only is BISF an exciting campaign that aims to encourage people from all walks of life, ages and abilities to have fun and be active & healthy; but it also provides the opportunity to raise the profile of local organisations in Birmingham who dedicate their time to delivering inclusive activities in their local communities.

The longer-term outcomes for BISF are to ensure that inclusive pathways into recreational opportunities within clubs are increased and better communicated, and that more high quality opportunities for all individuals with an impairment are established to enable talent to flourish.

The only thing left to do is to take a look at what BISF week 2015 has to offer!



"I'm extremely passionate about sport for all, regardless of level or ability, and I believe that BISF 2015 will provide these opportunities for disabled people to get involved in a range of sports and activities, as well as providing pathways for these individuals to continue participating long into the future.

I encourage anyone with or without a disability to get involved. You never know, you may find something that could change your life! If nothing else it will be a fun, inclusive week celebrating everything great that disability sport encompasses".

*Dean Miller*

GB Paralympian in the 1500m T37

"During my teenage years, my sight deteriorated significantly but I didn't want to resort to just listening to football on the radio, I still wanted to have a kick around with my mates. Judo was the closest thing to love at first sight. It was inclusive and I really thrived on the chance to test myself against my sighted counterparts which gave me a sense of feeling equal.

I believe Birmingham Inclusive Sports Fest is a fantastic opportunity to make friends and most importantly ignite a new passion".

*Darren Harris*

GB Paralympian in VI Football 5-a-side & 2008 Beijing Paralympian in Judo

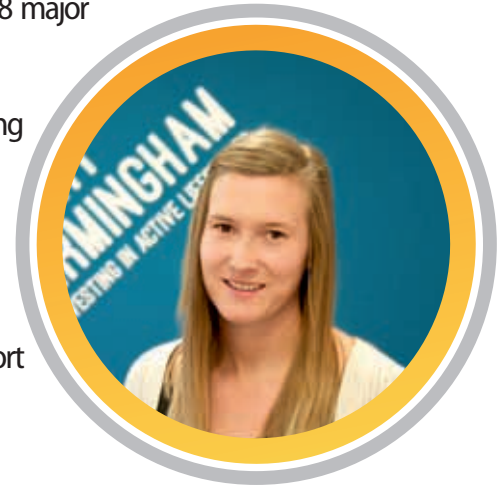


## An Inclusive Future in Birmingham

'Lead Your Generation: An Inclusive Future' is a Youth Sport Trust project running in 8 major cities across the country, with Birmingham being one of them.

The programme is unique compared to traditional youth leadership and volunteering initiatives as it places a heavy emphasis on inclusion and aims to change negative perceptions about disability.

Supported by the National Athlete Role Model Kate Grey and a fantastic team of ambassadors, the programme offers young people with and without disabilities between the ages of 14-19, the opportunity to work alongside each other to support and deliver sport and physical activity sessions in schools and the local community.



The IF initiative has four key outcomes -

- Promotion of positive attitudes towards young people with a disability
- Increased participation in physical activity
- Development of inclusive practice
- The empowerment of thousands of young people to deliver activities within their local communities

Birmingham has a strong and committed team of IF volunteers, alongside local Paralympians Darren Harris and Claire Cashmore, who actively help in the promotion, endorsement and development of inclusive practice in sport and physical activity in various locations across the city.

Over the past year the IF volunteers have successfully supported some of the city's major sporting events, including the BMX European Championships, the 2014 Birmingham Disability Sport Festival, the Inclusive Futures Regional Camp and the Sainsbury's School Games.

Back in March, Birmingham's IF 'Activation Team' attend the National Camp which was held in Loughborough over 3 days. This event celebrated the hard work and talent of the Inclusive Futures volunteers across the country as well as engaging the volunteers in new activities, developing new skills, building confidence levels and learning from others. This was a pinnacle event for the project which equipped all the volunteers with the knowledge and encouragement to go back in to their communities and champion inclusive practice.

This project offers a fantastic volunteering opportunity for those aged 14-19, and we are looking for some more brilliant young people to join the Birmingham IF team!

You will get the chance to work alongside other like-minded individual from across the city and countrywide. There will be the opportunity to be inspired by some of the finest Paralympians and inspiring leaders, but most importantly you will be part of an initiative that is improving lives and changing negative perceptions about disability.

If you would like to find out more or get involved, please contact me on **[chloe.hollands-roberts@sportbirmingham.org](mailto:chloe.hollands-roberts@sportbirmingham.org)** or **0121 296 5183**.

I'll look forward to hearing from you!

Chloe x  
IF and Volunteer Coordinator, Sport Birmingham



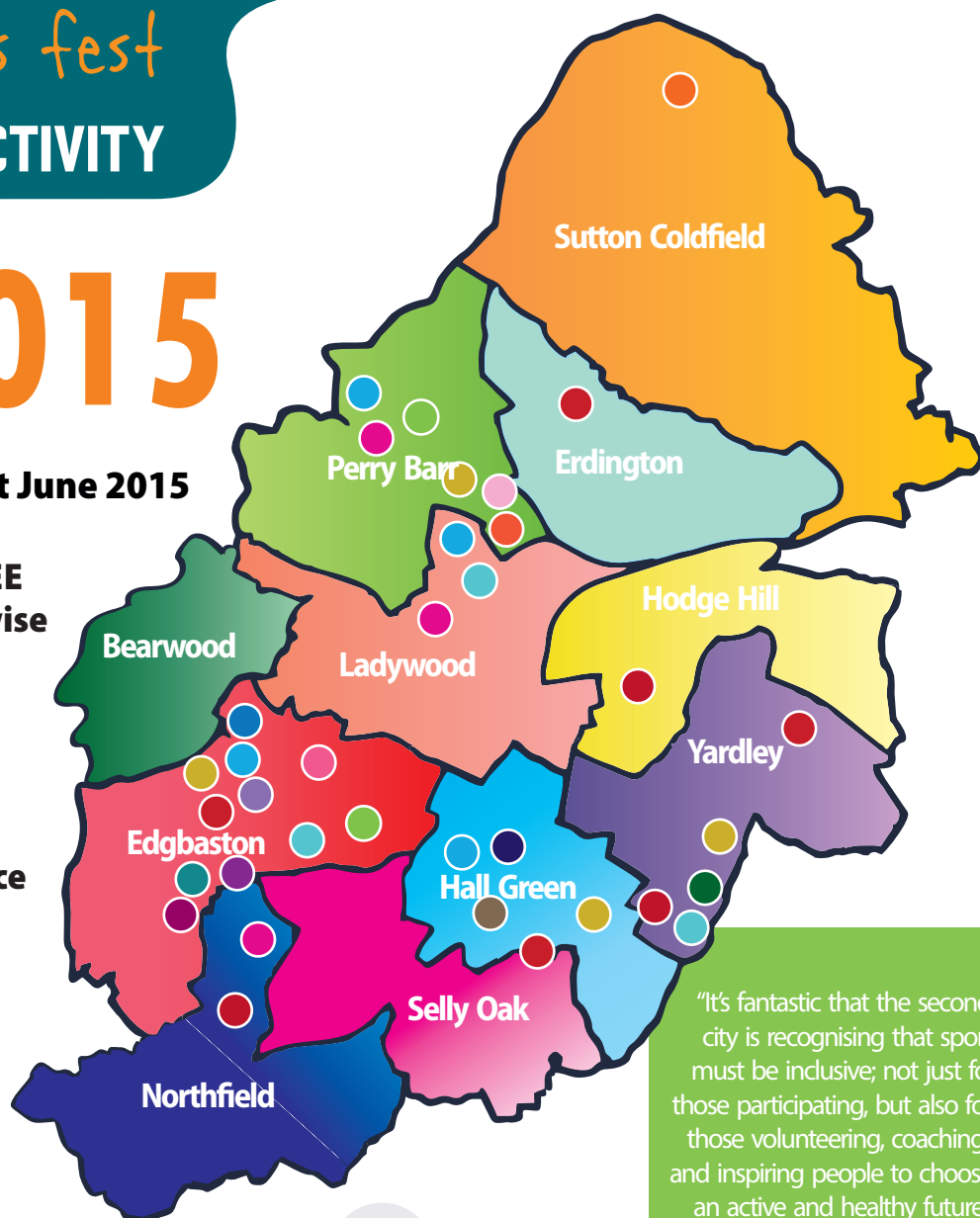
# BISF 2015

**Saturday 13th - Sunday 21st June 2015**

**Please Note:** Sessions are **FREE** and open to **all** unless otherwise stated. All activities **must** be booked in advance by contacting the session provider.

Activities are also taking place in **B69, B90 and WS7** areas.

See listings for more info.



## BISF 2015 Launch Day!

**Saturday 13th June**

Free taster activities will be delivered at **Queen Alexandra College, Court Oak Road, Harborne, Birmingham, B17 9TG** from 1.30pm after the official opening ceremony. There will be have-a-go opportunities in sports / activities such as:

- **Wheelchair Basketball**
- **Frame Football**
- **Inclusive Cricket**
- **Laser Shooting... and more!**

Places are limited, so please book by **Friday 5th June 2015** by contacting: Chloe Hollands-Roberts on: 07587034781 or

### Hockey and Tennis

Shirley Park, Stratford Road, Shirley, West Midlands, B90 3AL

**Time: 11am – 3pm**

**Contact:** Matt Corp or Lucy Shahrivari on 07956 687546 or beechcraftsportsclub@gmail.com

**Part of a wider community open day event in the park including a Donkey Derby!**

### Deaf Foot Golf (ages 14+)

Harborne Church Farm Golf Course, Vicarage Road, Harborne, B17 0SN.

**Time: 12pm**

**Contact:** Jo Carlton on 078724 03781 or jo.carlton@bid.org.uk

**Open to individuals with hearing impairments**



## Golf

Harborne Church Farm Golf Course, Vicarage Road, Harborne, Birmingham, West Midlands B17 0SN

**Time: 4pm-5pm**

**Contact:** Jason Powell on 07780995640 or summerofgolf@englandgolf.org

## Sunday 14th June

### Horse Riding Equitation & Stable Management

Gartmore Riding School, Hall Lane, Hammerwhich, WS70JT

**Contact:** Tracy Francis on 01543 686117 or gartmoreridingschool@gmail.com

**Open to all. Tracy will also be visiting the city centre with a Shetland Pony during BISF week to conduct additional sessions. Please contact her for further information**

### Shooting

Sutton Coldfield Rifle & Pistol Club, Central Ground, Coles Lane, Sutton Coldfield, Birmingham, B72 1NL.

**Time: 1pm – 4pm**

**Contact:** Trevor Haynes on 0121 749 6778 or admin@scrapclub.org.uk

**These are 1 hour sessions, starting on-the-hour, and pre-booking is required. There is a £2 cost for this session.**

### Tennis

AVFC PL4Sport, King Edward VI Aston Tennis Courts, 79 Trinity Road, Birmingham, B6 6LS.

**Times:** 10 – 11am (Under 11s) and 11am – 12pm (Ages 11+)

**Contact:** vitc@avfc.co.uk putting BISF in the subject bar.

**Open to ambulant individuals**

## Monday 15th June

### Cricket (ages 13+)

Warwickshire Cricket Club, County Ground, Edgbaston Road, Birmingham, B5 7QU.

**Time: 11am – 1pm**

## Swimming

Stechford Cascades, Station Road, Birmingham B33 8QN

**Time: 5:30pm – 7pm**

**Contact:** Dave White on 075840 25154 or dave.white@swimming.org

**Open to individuals with a learning disability  
Individuals need to be able to swim a minimum of 25 meters and be comfortable in deep water**

### Visually Impaired Tennis

Edgbaston Archery and Lawn Tennis, 14a Westbourne Road, Edgbaston, Birmingham, B15 3TR

**Time: 5:30pm – 6:30pm**

**Contact:** Simon Lancaster on 079464 469 506 or simon.lancaster.tennis@gmail.com

**There will be a £4 cost for this session**

## Tuesday 16th June

### Sailing (ages 16+)

Edgbaston Water sports, Icknield Port Road, B16 0AA

**Time: 10am – 12noon**

**Contact:** Keith On 0121 454 1997 or info@edgbastonwatersport.co.uk

**Booking for this session is essential**

### Goalball

Queen Alexandra College, Court Oak Road, Harborne, Birmingham, B17 9TG

**Time: 10pm-12pm**

**Contact:** Chloe Hollands-Roberts on 07587 034781 or chloe.hollands-roberts@sportbirmingham.org

### Rock Climbing

Creation Climbing Centre Ltd, 582 Moseley Road, Moseley, Birmingham, B12 9AA

**Time: 10am – 3pm**

**Contact:** Callan Barber on 07813 825571 or callan.barber@sense.org.uk

**Open to all deafblind individuals and those with single sensory or hearing impairments. Those with physical or more complex needs are welcome.  
There will be a £3 cost for this session**

### Frame Football

Queen Alexandra College, Court Oak Road, Harborne, Birmingham, B17 9TG

**Time: 12pm-2pm**

**Contact:** Chloe Hollands-Roberts on 07587 03478

## Swimming

Harborne Leisure Centre, Lordswood Road,  
Birmingham B19 9QS

**Time: 9:00am – 10:30am**

**Contact:** Dave White on 075840 25154 or  
dave.white@swimming.org

**There is a £4 cost for this session (Carers go free)**

## Hockey

Queen Alexandra College, Court Oak Road,  
Harborne, Birmingham, B17 9TG

**Time: 6pm – 7.30pm**

**Contact:** Stephan Tabb from Old Silhillians Hockey  
Club on 07900 884100 or stephentabb@hotmail.com

## Multi-Sports (ages 16+)

Midland Mencap, Enterprise Hub, Bottertourt Road,  
Weoley Castle, Birmingham, B29 5TE

**Time: 2:30pm – 4:30pm**

**Contact:** Steven Bradley/Laura Gilmour on  
07891 574448/0121 427 6404 or  
steve.bradley@midlandmencap.org.uk /  
laura.gilmour@midlandmencap.org.uk

**Open to individuals with a learning disability**

## Football

Moseley Health and Fitness Centre, Springfield Road,  
Moseley, B13 9NY.

**Time: 6pm-8pm**

**Contact:** Steven Bradley / Laura Gilmour on  
07891 574448 / 0121 427 6404 or  
steve.bradley@midlandmencap.org.uk /  
laura.gilmour@midlandmencap.org.uk

**Open to individuals with a learning disability**

## Wednesday 17th June

### Shooting

Sutton Coldfield Rifle & Pistol Club, Central Ground,  
Coles Lane, Sutton Coldfield, Birmingham, B72 1NL.

**Time: 10am-4pm**

**Contact:** Trevor Haynes on 0121 749 6778 or  
admin@scrapclub.org.uk

**These are 1 hour sessions, starting on-the-hour, and  
pre-booking is required. There is a £2 cost for this  
session.**

## Boccia

Queen Alexandra College, Court Oak Road,  
Harborne, Birmingham, B17 9TG

**Time: 6pm – 7pm**

**Contact:** Brian Baston on 0121 427 3823 or  
brian@cssuk.org.uk

## Swimming

Wilson Stuart School, Perry Common Road,  
Birmingham, B23 7AT

**Time: 6:30pm – 7:30pm**

**Contact:** Dave White on 075840 25154 or  
dave.white@swimming.org

**Open to individuals with physical and sensory needs**

## Hockey (ages 12-20 years)

AVFC PL4Sport, Beechcroft Multisport Tennis and Multi-  
Sports Community Club, B28 9ER

**Time: 4.30pm – 5pm**

**Contact:** vitc@avfc.co.uk putting BISF in the subject bar

## Basketball (ages 14+)

Doug Ellis Sports Centre, Birmingham City University,  
150 Wellhead Lane, Perry Barr, B42 2SY

**Time: 6pm – 7pm**

**Contact:** Steven Bradley/Laura Gilmour on  
07891 574448/0121 427 6404 or  
steve.bradley@midlandmencap.org.uk /  
laura.gilmour@midlandmencap.org.uk

**Open to individuals with a learning disability**

## Adapted Cycling

Alexander Stadium, Walsall Rd, Perry Barr,  
Birmingham, B42 2LR

**Time: 4pm – 6pm**

**Contact:** Ian Tierney 01925 234213 or

## Thursday 18th June

### Archery

South Birmingham Archers, 205 Wheelers Lane,  
Kings Heath, Birmingham, B13 0ST

**Time: 2pm – 4pm**

**Contact:** Mel Cargill on 0121 430 8621 or  
melandjudith@gmail.com

## Multi – Sports (ages 18+)

**(Football, badminton, basketball and fitness)**

Doug Ellis Sports Centre, 150 Wellhead Lane, B42 2SY

**Time: 11am – 2pm**

**Contact:** Dawn Blake on 07944492108 or  
dawn.blake@babasketball.co.uk

**There is a £1.50 cost for this session**

## Ice Skating

Blue Ice, Solihull Rink, Hobs Moat Road, Solihull  
B92 8JN

**CONTINUED >>>>>**

## Ice Skating

**Contact:** Callan Barber on 07813 825571 or callan.barber@sense.org.uk

**Open to all deafblind individuals and those with single sensory or hearing impairments. Those with physical or more complex needs are welcome. There will be a £4.40 cost for this session**

## Deaf Badminton

Portway Lifestyle Centre, Newbury Lane, Oldbury, B69 1HE

**Time: 7-9pm**

**Contact:** Jo Carlton on 078724 03781 or jo.carlton@bid.org.uk

**Open to Individuals with hearing impairments, all sessions will be led by a deaf coach and**

## Hockey (ages 14+)

Doug Ellis Sports Centre, Birmingham City University, 150 Wellhead Lane, Perry Barr, B42 2SY

**Time: 6pm-7pm**

**Contact:** Steven Bradley / Laura Gilmore on 07891 574448 / 0121 427 6404 or steve.bradley@midlandmencap.org.uk / laura.gilmour@midlandmencap.org.uk

**Open to individuals with a learning disability**

## Trampolining

Action Indoor Sports Centre, Marsh Hill, Birmingham, B23 7EY

**Time: 5pm-6pm and 7pm-8pm**

**Contact:** Judy on 07920760851 or activ8email@gmail.com

## Wheelchair Dance (ages 18+)

CP Midlands, 17 Victoria Road, Harborne, Birmingham, B17 0AQ

**Time: 6.30pm – 8pm**

**Contact:** Julia Lowe on 01384 441109 or juliamlowe@googlemail.com

## Friday 19th June

### Cricket (ages 13+)

Warwickshire Cricket Club, County Ground, Edgbaston Road, Birmingham, B5 7QU.

**Time: 11am - 1pm.**

**Contact:** Andy Wyles on 0121 446 3615 or andywyles@edgbaston.com

## Football & Multi-Sports (ages 18+)

Aston Powerleague, Lichfield Road, Birmingham, B6 7TG

**Time: 11am – 2pm**

**Contact:** Chantel Hunter on 07746912399 or chantel.hunter@start-again.co.uk

**Open to individuals with a Learning disability**

## Swimming (ages 16+)

Aston University Sports Centre, Aston Triangle, Woodcock Street, Birmingham, B4 7ET

**Time: 11am-12pm**

**Contact:** Steven Bradley / Laura Gilmour on 07891 574448 / 0121 427 6404 or steve.bradley@midlandmencap.org.uk / laura.gilmour@midlandmencap.org.uk

**Open to individuals with a Learning Disability**

## Deaf Basketball (ages 14+)

Woodcock Sports Centre, Aston University, Woodcock Street, B4 7ET

**Time: 6:30pm – 7:30pm**

**Contact:** Jo Carlton on 078724 03781 or jo.carlton@bid.org.uk

**Open to Individuals with hearing impairments, communication support will be provided.**

## Swimming

Fox Hollies Leisure Centre, Shirley Road, Birmingham, B27 7NS

**Time: 8:30pm – 9:30 pm**

**Contact:** Dave White on 075840 25154 or dave.white@swimming.org

## Saturday 20th June

### Swimming

Cocks Moors Woods Leisure Centre, Alcester Road South, Kings Heath, Birmingham, B14 6ER

**Time: 5 pm – 6 pm**

**Contact:** Dave White on 075840 25154 or dave.white@swimming.org

**Open to individuals with physical and sensory needs**

### Golf

Harborne Church Farm Golf Course, Vicarage Road, Harborne, Birmingham, West Midlands B17 0SN

**Time: 2:30pm – 3:30pm and 4pm-5pm**

**Contact:** Jason Powell on 07780995640 or summerofgolf@englandgolf.org



## Football (ages 10-16 years)

Doug Ellis Sports Centre, Birmingham City University,  
150 Wellhead Lane, Perry Barr, B42 2SY

**Time: 10am-11am**

**Contact:** Steven Bradley / Laura Gilmour on  
07891 574448 / 0121 427 6404 or  
steve.bradley@midlandmencap.org.uk /  
laura.gilmour@midlandmencap.org.uk

## Sunday 21st June

### Tennis

AVFC PL4Sport, King Edward VI Aston Tennis Courts,  
79 Trinity Road, B6 6LS.

**Times: 10 – 11am** (Under 11s) and

**11am – 12pm** (Ages 11+)

**Contact:** vitc@avfc.co.uk putting BISF in the subject bar  
**Open to ambulant individuals**

# BIRMINGHAM

## inclusive sports fest

#BISF15 @BhamDisSport

## NATIONAL DISABILITY SPORT ORGANISATIONS

### British Blind Sport (BBS)

British Blind Sport is the leading voice for the visually impaired community across the UK. BBS encourage people to participate in sport at all levels, from 'grass roots' to Paralympics presentation. BBS develop new and existing sporting opportunities and provide related support and advise to increase participation and independence in sport and recreation.

[www.britishblindsport.org.uk](http://www.britishblindsport.org.uk)

**Tel** 01926 424247 / 07929 356428

Ross Hayward - Participation Delivery Officer

**Email** participation@britishblindsport.org.uk



### Cerebral Palsy Sport (CP Sport)

CP Sport is the sports organisation for people with cerebral palsy, providing sporting opportunities to individuals of all ages and at all levels from the recreational through to International competition.

[www.cpsport.org](http://www.cpsport.org)

**Tel** 0115 925 7027 (Sports Development Team)

Ed Pearse - Information Participation Officer

**Email** ed.pearse@cpsport.org



**Cerebral Palsy Sport**  
England & Wales

### Dwarf Sports Association UK (DSAuk)

The Dwarf Sports Association UK is a nationwide registered charity offering a wide range of sport, leisure and recreational activities for people with a restricted growth condition. Events are held regionally and nationally, on a regular basis throughout the year, and are suitable for all ages from birth to adult.

[www.dsauk.org.uk](http://www.dsauk.org.uk)

**Tel** 01246 296485

**Email** Website "Contact" page

Inclusive Sports Advisor Nigel Burton

07712 572884 - nigel.burton@dsauk.org.uk



## NATIONAL DISABILITY SPORT ORGANISATIONS

### English Learning Disability Sports Alliance

*A partnership between Special Olympics Great Britain and Mencap*

The English Learning Disability Sports Alliance (ELDSA) is a unique partnership between Special Olympics Great Britain (SOGB) and Mencap to promote the inclusion of people with a learning disability in sport and physical activity. The ELDSA work across the sports sector to ensure that people with a learning disability have the best possible opportunity and choice to participate in sport at a recreational level. While SOGB and Mencap remain two separate organisations, this partnership provides a single united voice for people with a learning disability in sport.



English Learning Disability Sports Alliance

A partnership between  
Special Olympics GB and Mencap

### Special Olympics GB

[www.specialolympicsgb.org.uk](http://www.specialolympicsgb.org.uk)

Tel 020 7274 8891

Email [info@sogb.org.uk](mailto:info@sogb.org.uk)

### Mencap

[www.mencap.org.uk/sport](http://www.mencap.org.uk/sport)

Tel 020 7696 5574

Email [sport@mencap.org.uk](mailto:sport@mencap.org.uk)

### UK Deaf Sport

UK Deaf Sport is the recognised leading Governing Body of Deaf Sport in the United Kingdom. A registered charity which aims to encourage deaf people to participate, enjoy and excel in sport. We provide Expertise, Engagement and Endorsement on deaf sport throughout the UK. Affiliated to ICSD (International Committee of Sports for the Deaf) and Deaflympics.

[www.ukdeafsport.org.uk](http://www.ukdeafsport.org.uk)

Tel 0794 4467980

Clive Breedon - Participation Officer

Email [participation@ukds.org.uk](mailto:participation@ukds.org.uk)



### WheelPower - British Wheelchair Sport

WheelPower, the national charity for wheelchair sport, provides opportunities, facilities and equipment to enable disabled people to participate in sport and lead healthy active lives. Through its annual programme of events, links to its member sports associations and other organisations, WheelPower supports individuals to find sports which they are passionate about.

[www.wheelpower.org.uk](http://www.wheelpower.org.uk)

Tel 01296 395995 Email [info@wheelpower.org.uk](mailto:info@wheelpower.org.uk)

Inclusive Sports Advisor

Steve Snelling - 07889 716669

Email [steve.snelling@wheelpower.org.uk](mailto:steve.snelling@wheelpower.org.uk)





## Goalball UK Elite Tournament

**Saturday 13th & Sunday 14th June 2015**

**The Lighthouse, Birmingham**

The Lighthouse, 100 Alma Way, Birmingham, B19 2LN

**Come and watch Britain's best  
Goalball players in action!  
FREE ENTRY!!**



**Goalball is a Paralympic  
Sport for Visually  
Impaired Athletes!**

For more information visit  
[www.goalballuk.com](http://www.goalballuk.com)

## Inclusive Future Project

**Calling all young people aged between 14-19 who want to  
change the negative perception of disability!**

The Inclusive Future's (IF) project aims to boost youth volunteering & leadership throughout the local community, developing the skills and confidence levels of individuals with & without an impairment.



We are running a 'Regional volunteer camp' to help equip, develop and empower you to go back in to your communities and inspire a generation through sport! IF will give you the opportunity to experience a variety of inclusive activities and a chance to learn about local volunteering opportunities in Birmingham.

**Date: 19th June**

**Time: 10am-3pm Venue: Holford Drive Sports Hub**

If you are interested in attending the camp, contact:

[chloe.hollands-roberts@sportbirmingham.org](mailto:chloe.hollands-roberts@sportbirmingham.org) or 0121 296 5183

**Lead your  
generation**   
An inclusive future



## Ring and Ride West Midlands

Ring and Ride is a door - to - door fully accessible mini bus service for people who have a permanent or temporary mobility impairment, which makes it very difficult or impossible to use conventional bus services.

The service is for people of all ages living in the West Midlands.

We provide fully accessible transport to get you to sporting events, local shops, doctors, clubs, day centres and family days out, etc.

To find out more, please ring: 0121 327 8128  
or visit our website at [www.ringandride.org](http://www.ringandride.org)







"Thanks  
for all your  
support!"  
Dave Heeley

TO OUR SPONSORS & SUPPORTING PARTNERS... **THANK YOU!**



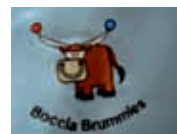
THE **WEEK** WOULDN'T HAVE BEEN  
**POSSIBLE** WITHOUT THE **HELP** OF ALL THE  
**PEOPLE, ASSOCIATIONS AND CLUBS** WHO  
WERE **INVOLVED**, SO A HUGE **THANK YOU**  
TO **EVERYONE!**



Celebrating 40 Years Success



VILLA IN THE  
COMMUNITY



WARWICKSHIRE  
CRICKET BOARD



This programme is available in large print and braille on request. Please email [amy.bird@sportbirmingham.org](mailto:amy.bird@sportbirmingham.org)

#BISF15 @BhamDisSport birminghamdisabilitysport